

PARKSIDE COMMUNITY COLLEGE

RETURN TO PHYSICAL EDUCATION - KEY PRINCIPLES

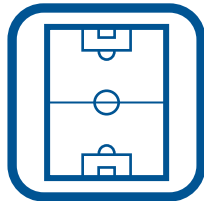
1. WHAT TO BRING TO PE LESSONS



- Individual named water bottle
- Individual hand sanitiser.
- Come to school in FULL Outdoor PE Kit ;Royal blue reglan polo shirt, black track top, black response shorts or black leggings/track pants, black socks and outdoor trainers.

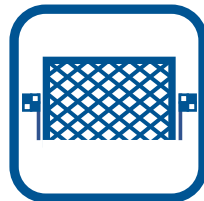
We are following DFE and AFPE guidance for all our Physical Education lessons

2. ARRIVAL TO PHYSICAL EDUCATION (PE)



- Any equipment/training bibs used will have been cleaned
- Hand sanitise on entry to the the session, using the hand sanitiser provided from the PE cleaning station

3. DURING AND AFTER YOUR PE LESSON



- Social distance throughout the lesson
- Avoid contact with students
- Hand Sanitise with your water breaks



- There will be no sharing of equipment outside your 'bubble'
- Equipment will be kept to the minimum

STAY COVID SAFE – ENJOY YOUR PE LESSONS

